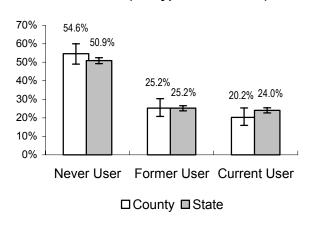
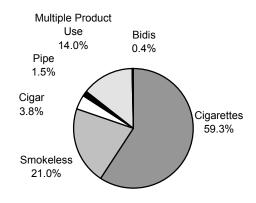
# Adult Tobacco Use Tobacco Use Status (All Types of Tobacco)

#### Types of Tobacco Use by Current Users (Statewide)





## **Program Objective: Prevent Initiation of Tobacco Use**

"Do you agree that: "There are so many things that cause cancer, tobacco use is not going to make any difference

Do you agree mai. There are so many if	ıırıgs ırıat cau	se cancer, topacco use	is not going to	niake any unierence		
	County	95% CI	State	95% CI		
Strongly or somewhat agree	17.6%	(13.4-22.7)	13.9%	(12.9-15.1)		
Somewhat disagree	7.8%	(11.0-5.5)	10.9%	(9.8-12.1)		
Strongly disagree	74.6%	(69.2-79.3)	75.2%	(73.7-76.6)		
How old were you when you started smooth	king? [Among	adult ever-smokers]		,		
	County	95% CI	State	95% CI		
First tried using cigarettes	15.1 yrs	(14.3-15.9)	15.6 yrs	(15.4-15.8)		
Started regularly smoking	17.5 yrs	(16.9-18.1)	18.3 yrs	(18.1-18.5)		
What are the rules about smoking in your	home?					
,	County	95% CI	State	95% CI		
It is not allowed at all	84.0%	(79.1-88.0)	79.2%	(77.9-80.6)		
It is allowed sometimes	9.7%	(6.7-13.9)	12.2%	(11.2-13.4)		
It is allowed all the time	6.3%	(3.9-10.1)	8.5%	(7.6-9.4)		
During the past year, did you buy or give tobacco to anyone who is under age 18?						
	County	95% CI	State	95% CI		
Yes	2.1%	(0.7-6.0)	2.4%	(2.0-3.0)		
No	97.9%	(94.0-99.3)	97.6%	(97.0-98.0)		

# **Program Objective: Promote Quitting Among Current Tobacco Users**

Readiness to Quit, from the "Stages of Change" model [Among current tobacco users]

County	95% CI	State	95% CI
21.8%	(12.9-34.5)	18.2%	(15.5-21.1)
56.3%	(43.1-68.7)	54.8%	(51.3-58.4)
21.9%	(13.5-33.5)	27.0%	(23.9-30.4)
	21.8% 56.3%	County 95% CI 21.8% (12.9-34.5) 56.3% (43.1-68.7) 21.9% (13.5-33.5)	21.8% (12.9-34.5) 18.2% 56.3% (43.1-68.7) 54.8%

On average, about how many cigarettes do you smoke per day? [Among current daily smokers]

County 95% CI State 95% CI 17.7 (14.0-20.4) 17.6 (16.7-18.5)

During the past year, have you not used tobacco for one day or longer because you were trying to quit? [Among current and recent tobacco users]

	County	95% CI	State	95% CI
Yes	65.4%	(52.1-76.7)	64.0%	(60.6-67.3)
No	34.6%	(23.3-47.9)	36.0%	(32.7-39.4)

Do you agree or disagree with the following statement: "People close to me were/are upset by my using tobacco"

[Among current and recent tobacco users]

Average number per day

County 95% CI State 95% CI Agree 59.4% (46.6-71.1) 61.4% (58.2-64.7)

TOBACCO: OUR NUMBER ONE HEALTH PRIORITY

## Program Objective: Eliminate Exposure to Secondhand Smoke

In general,	would you say that breathing secondhand sm	oke is ann	oying to you?		
		County	95% CI	State	95% CI
	Very annoying	59.7%	(54.1-65.1)	60.1%	(58.5-61.7)
	Somewhat annoying	28.6%	(23.9-33.8)	27.1%	(25.7-28.6)
	Not too annoying	11.7%	(8.1-16.5)	12.8%	(11.7-13.9)
Do you thir	nk that breathing secondhand smoke is harmfu	ıl?			
		County	95% CI	State	95% CI
	Very harmful	68.7%	(63.2-73.7)	63.6%	(62.0-65.2)
	Somewhat harmful	24.9%	(20.5-29.8)	30.8%	(29.2-32.3)
	Not too harmful	6.4%	(3.6-11.1)	4.0%	(4.9-6.5)
Are you ex	posed to Secondhand Smoke while at work? [	indoors or	ly, among people with jobs	outside th	
		County	95% CI	State	95% CI
	Exposed 1+ hours per week	47.7%	(41.1-54.3)	29.6%	(27.8-31.6)
Has anyon	e smoked in your house in the past month?				
		County	95% CI	State	95% CI
	Smoking occurred in home	12.2%	8.6-17.0)	15.7%	(14.5-16.9)
Do you thir	nk that smoking should be completely banned	in restaura	nnts?		
•		County	95% CI	State	95% CI
	Yes	62.4%	(56.7-67.7)	61.8%	(60.2-63.4)
If smoking	were completely banned in restaurants, would	l vou eat o	ut more often/less often/or v	vould it m	ake no difference?
ŭ		County	95% CI	State	95% CI
	More often	17.2%	(13.7-21.5)	17.2%	(16.1-18.4)
	Less often	5.0%	(2.6-9.4)	6.2%	(5.5-7.1)
	No difference	77.7%	(72.7-82.1)	76.6%	(75.2-77.9)
Do you agi	ree that all CHILDREN should be protected fro	m second	hand smoke?		
, ,	,	County	95% CI	State	95% CI
	Strongly agree	83.6%	(78.6-87.7)	83.4%	(82.1-84.6)
	Somewhat agree	10.3%	(7.1-14.7)	10.9%	(9.9-12.0)
	Strongly or somewhat disagree	6.0%	(3.6-9.9)	5.7%	(4.9-6.6)

# Program Objective: Build Capacity to Support Local Tobacco Prevention & Control Efforts

9.8%

To the best of your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years?

County 95% CI State 95% CI

(6.8-13.9)

13.6% (12.6-14.7)

67.9%	(62.4-72.8)	63.6%	(62.1-65.2)
22.3%	(18.1-27.3)	22.8%	(21.5-24.1)
le, people un	nder age 18, smoking i	in your commun	ity?
County	95% CI	State	95% CI
79.7%	(74.9-83.8)	78.1%	(76.7-79.4)
20.3%	(16.2-25.1)	21.9%	(20.6-23.3)
products by	minors (children unde	er 18) have beer	enforced?
County	95% CI	State	95% CI
41.0%	(35.7-46.5)	43.6%	(42.0-45.2)
52.5%	(47.0-58.0)	49.7%	(48.1-51.3)
6.5%	(4.2-10.0)	6.7%	(5.9-7.5)
	22.3% le, people ur County 79.7% 20.3% products by County 41.0% 52.5%	22.3% (18.1-27.3)  le, people under age 18, smoking a County 95% CI 79.7% (74.9-83.8) 20.3% (16.2-25.1)  products by minors (children under County 95% CI 41.0% (35.7-46.5) 52.5% (47.0-58.0)	22.3% (18.1-27.3) 22.8%  Ile, people under age 18, smoking in your commun County 95% Cl State 79.7% (74.9-83.8) 78.1% 20.3% (16.2-25.1) 21.9%  In products by minors (children under 18) have beer County 95% Cl State 41.0% (35.7-46.5) 43.6% 52.5% (47.0-58.0) 49.7%

Does your health insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills, or other medications? [Among current and recent tobacco users]

Yes County 95% CI State 95% CI 16.6% (9.1-28.4) 25.5% (22.2-29.0)

Yes

<sup>\*\*34%</sup> of current tobacco users statewide did not know whether their insurance covered such a program\*\*

#### **Indicators of Pro-Tobacco Activities**

Tobacco companies should have the same rights to advertise their products as other companies.

	County	95% CI	State	95% CI
Strongly or Somewhat agree	45.2%	(39.7-50.9)	40.0%	(38.4-41.6)
Somewhat disagree	16.0%	(12.5-20.2)	14.3%	(13.1-15.4)
Strongly disagree	38.8%	(33.6-44.3)	45.8%	(44.1-47.4)

Some tobacco companies make promotional items like clothing, hats, bags or other things with their brand on it. Would you ever use or wear something that has a tobacco company logo or picture on it?

	County	95% CI	State	95% CI
Yes	19.2%	(15.0-24.2)	19.7%	(18.4-21.0)
No	80.8%	(75.8-85.0)	80.3%	(79.0-81.6)

Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it? [Among people who said they were willing use such an item]

	County	95% CI	State	95% CI
Yes	48.7%	(35.7-61.8)	49.1%	(45.4-52.7)
No	51.3%	(38.2-64.3)	50.9%	(47.3-54.6)

During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products?

	County	95% CI	State	95% CI
Yes	18.8%	(14.6-23.8)	15.7%	(14.5-16.9)
No	81.2%	(76.6-85.4)	84.3%	(83.1-85.5)

### **Demographics of Respondents**

People who answered the telephone survey were asked a few questions about themselves. Statistical weights were applied so that approximately half of the respondents were measured as women/men, and to represent age distributions similar to the state. Other characteristics are as follows.

What is the highest level of education that you have completed?

		County	95% CI	State	95% CI
	Less than HS	5.3%	(3.0-9.2)	7.9%	(7.1-8.8)
	HS diploma or GED	22.2%	(18.1-26.9)	25.6%	(24.3-27.0)
	Some or more college	72.5%	(67.3-77.1)	66.4%	(64.9-67.9)
What is yo	ur income?		,		,
•		County	95% CI	State	95% CI
	Less than \$25,000 per year	9.2%	(6.2-13.5)	13.5%	(12.4-14.6)
	\$25,000 - \$50,000 per year	44.8%	(39.0-50.7)	46.6%	(44.9-48.3)
	More than \$50,000 per year	46.0%	(40.3-51.9)	39.9%	(38.2-41.6)
What is you	ur race/ethnicity?		,		,
•	ŕ	County	95% CI	State	95% CI
	White, non-Hispanic	92.0%	(88.3-94.6)	89.3%	(88.1-90.4%)
	People of Color	8.0%	(5.4-11.7)	10.7%	(9.6-11.9%)

#### Where did this information come from?

A telephone survey of more than 9,500 Washington State adult residents was conducted by the Department of Health in October-December 2000. At least 200 adult surveys were completed in every Washington County. This survey was conducted in English language only. Estimates may not represent the true population values, because individuals without telephones and/or non-English speaking persons would not be able to participate.

Data collected by the Washington State or locally-supported Behavioral Risk Factor Surveillance System (BRFSS) surveys to describe tobacco use should be considered more reliable than data presented here, because BRFSS surveys are conducted throughout the year to avoid effects of seasonality. Data represented in this report were collected in the fall, when tobacco use rates may be different than a year-long average from BRFSS. Estimates of current tobacco use presented here include use of *any* tobacco products, while BRFSS typically describes only current cigarette use *or* smokeless tobacco use.

Data presented are age and gender-adjusted to correct for participation biases, to represent the true distribution of residents in Washington State.

Analyses were conducted using Stata 7.0 and SPSS 7.5.

#### **Data Definitions**

"Never" Tobacco User

Individuals who had never used more than 5 packs of cigarettes in their lifetime, and who did not report using any type of tobacco (cigarette, smokeless, cigar, bidi, clove, pipe) within the past 30 days.

Former Tobacco User

Individuals who reported using 5 or more packs of cigarettes in their lifetime, but did not report any use of tobacco within the past 30 days. It should be noted that this would not capture past regular users of smokeless tobacco, cigars, pipes, or other non-cigarette tobacco products.

Current Tobacco User

Individuals who reported using 5 or more packs of cigarettes in their lifetime and current smoking on "some days" or "every day," or any other type of tobacco use within the past 30 days.

For additional information about this survey, please contact: Julia Dilley, Evaluation Coordinator Washington State Department of Health (360) 236-3632 julia.dilley@doh.wa.gov

For additional information about the Washington State Department of Health's comprehensive tobacco prevention & control program, please visit our website: http://www.doh.wa.gov/tobacco